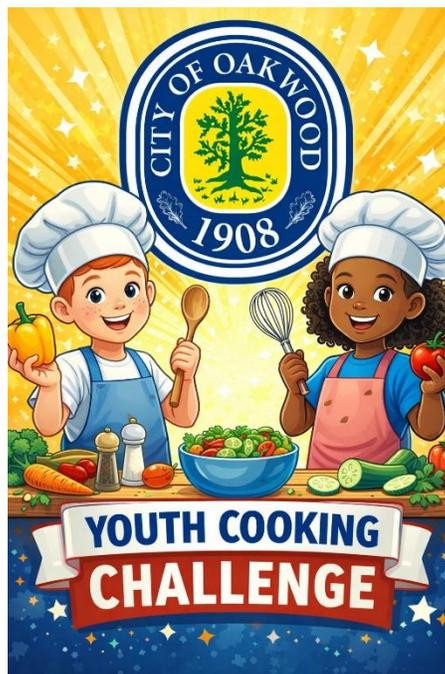


# Youth Cooking Challenge Info Sheet

We are excited that you are participating in our “Youth Cooking Challenge”! Below you will find some info that will help you and your child prepare for this event. If you have any additional questions, you can call the Oakwood Community Center, 937-298-0775, or email Thomas Hayes at [hayes@oakwoodohio.gov](mailto:hayes@oakwoodohio.gov).

The Oakwood Community Center will provide the ingredients and cooking items below:

- Heavy cream
- Butter
- Eggs
- Vegetable oil
- Baking Powder/Soda
- Flour
- Sugar
- Vanilla
- Salt/Pepper
- Whisks
- Measuring cups
- Baking pans
- Spatulas
- Frying pans
- Various sizes of pots
- Various sizes of mixing bowls
- Two handheld mixers



## Guidelines

- **No parent assistance is permitted** during the challenge. We want the kids to be fully involved in the preparation and cooking experience.
- A limited number of **staff members will be present** to assist with preparation and cooking as needed.
- **For safety reasons, participants may not place or remove items from the oven or stovetop.** Staff will handle all oven and stovetop use.
- Participants will have **approximately 1½ hours** to complete their dish.
- Please select a recipe that will **fill the full time slot** (not something that takes only 5–10 minutes to prepare).
- Participants should **arrive 10 minutes early** so all chefs can begin on time.
- The **final 15 minutes** of the challenge will be reserved for **judging**.
- **Parents and friends are welcome** to join during the judging period to watch participants present their dishes.
- **Winners will receive a fun prize**, and **all participants will receive a certificate** to take home.
- Any leftover food may be **taken home by the participants** to enjoy.
- Please remember to **collect all personal ingredients and cookware** before leaving the event.